

MT. VERNON CITY SCHOOLS PEANUT/TREE NUT RESTRICTED SCHOOL POLICY

Food allergies are on the rise and can cause a severe, systemic, potentially fatal allergic reaction called anaphylaxis in allergic individuals. Eight of the most common food allergens are milk, soy, wheat, fish, shellfish, egg, peanut, and tree nuts.

Peanuts and tree nut allergies account for most fatal and near-fatal anaphylactic reactions. Allergic individuals can experience a reaction if they touch, inhale or ingest even the slightest trace or residue of the allergen.

To help make school a fun and safe place for our increasing number of peanut and tree nut student, we are a peanut/tree nut restricted school. In addition to cleaning hands and mouths before entering school, here's how you can help:

LUNCHES

- You can send lunches that contain NO peanuts, tree nuts, peanut butter, nut butter or any food that may contain peanuts or nuts as an ingredient in their product. Must read allergy information on labels before sending.

SHARED ITEMS

- Read labels to ensure shared items, such as snacks and craft materials, contain no peanuts or tree nuts, no traces of peanuts or tree nuts, and are not manufactured in a facility or on equipment that processes peanuts or tree nuts.
- Provide shared items in their original, unopened packages.
- All shared items requiring advance preparation, such as cutting, will be prepared in the school by a school staff member to avoid cross contamination from in-home utensils and surfaces.

BIRTHDAYS

- Consider sending non-food birthday treats, such as a new or used book, games, or pencils to be shared in class.

THANK YOU

